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|--------------------|--------------|----------|----------|
| Loweswater | Sat 07:59:58 | | |
| Crummock Water | Sat 08:28:54 | 00:28:56 | 00:28:56 |
| Buttermere | Sat 08:49:52 | 00:20:58 | 00:49:54 |
| Ennerdale Water | Sat 10:14:15 | 01:24:23 | 02:14:17 |
| Wast Water | Sat 12:16:33 | 02:02:18 | 04:16:35 |
| Devoke Water | Sat 13:51:17 | 01:34:44 | 05:51:19 |
| Goat's Water | Sat 16:05:51 | 02:14:34 | 08:05:53 |
| Low Water | Sat 16:37:46 | 00:31:55 | 08:37:48 |
| Levers Water | Sat 16:50:43 | 00:12:57 | 08:50:45 |
| Coniston Water | Sat 17:24:41 | 00:33:58 | 09:24:43 |
| Esthwaite Water | Sat 18:18:28 | 00:53:47 | 10:18:30 |
| Elter Water | Sat 19:24:20 | 01:05:52 | 11:24:22 |
| Grasmere | Sat 19:49:15 | 00:24:55 | 11:49:17 |
| Rydal Water | Sat 20:03:13 | 00:13:58 | 12:03:15 |
| Windermere | Sat 20:44:05 | 00:40:52 | 12:44:07 |
| Skeggles Water | Sat 23:08:41 | 02:24:36 | 15:08:43 |
| Kentmere Reservoir | Sun 00:18:04 | 01:09:23 | 16:18:06 |
| Small Water | Sun 01:10:35 | 00:52:31 | 17:10:37 |
| Haweswater | Sun 01:32:24 | 00:21:49 | 17:32:26 |
| Blea Water | Sun 02:05:17 | 00:32:53 | 18:05:19 |
| Hayeswater | Sun 03:07:07 | 01:01:50 | 19:07:09 |
| Brothers Water | Sun 03:47:00 | 00:39:53 | 19:47:02 |
| Ullswater | Sun 04:20:55 | 00:33:55 | 20:20:57 |
| Thirlmere | Sun 06:26:34 | 02:05:39 | 22:26:36 |
| Derwent Water | Sun 07:35:24 | 01:08:50 | 23:35:26 |
| Bassenthwaite Lake | Sun 08:46:13 | 01:10:49 | 24:46:15 |

Over Water

Sun 09:59:56

01:13:43

25:59:58

