# The Parish Magazine

for the Seatallan Benefice Gosforth & Wasdale Beckermet, Calderbridge & Seascale



## **July and August 2024**

connecting our communities
60p

#### **Seatallan Benefice Directory**

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#### **Seatallan Benefice Directory**

(continued)

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All copy for the magazine needs to be with the Editor by the 15th of the preceding month, by email if possible.

#### FROM THE SEATALLAN PARISH REGISTERS

Occasional Offices conducted between the 14th May 2024 and the 11th June

#### **BECKERMET**

• 23 <sup>rd</sup> May	Funeral	and Maria Stott Carolyn Pascoe	Beckermet
CALDER BRI	DGE, PONSONBY	and OLD CHURCH	

• 4th May Banns of Marriage Andrew MacCormack Beckermet

#### 

<ul> <li>23<sup>rd</sup> May</li> </ul>	Burial	Carolyn Pascoe	Beckermet
<ul> <li>26<sup>th</sup> May</li> </ul>	Baptism	Freddie Crayston	Ponsonby
• 30 <sup>th</sup> May	Funeral and Burial	Gladys Palling	Old Church

#### **SEASCALE**

No Occasional Offices known

#### GOSFORTH, NETHER WASDALE and WASDALE HEAD

<ul> <li>24<sup>th</sup> May</li> </ul>	Baptism	Paul Harris	Wasdale Head
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#### 'CAR SHARE'

Last Monday, at the end of our 'day off', Jacquie and I found ourselves watching Peter Kay on Youtube. I know... maybe we should have just gone to bed... but he is funny, and I can't help liking the fact that he is from the North West of England! Anyway, the experience had me thinking of my favourite comedy programme... 'Car Share'. Many people will remember it. If you never watched it, all I can say is that you have a treat in store, if it is your kind of thing! The starring role in 'Car Share' was taken by a Supermarket Manager, called John (played by Peter Kay), and an employee in the same shop, called Kayleigh (played by Sian Gibson). Each episode of the series recorded the couple's discussions on the way to and from work. Most of the time, all the viewer saw was two people sitting next to each other in the car - talking to each other. In the beginning, they hardly know each other, and it was all a bit 'edgy'. Halfway through the series, the viewer discovered that Kayleigh actually longs to have a family, and that John says he does not. By the last episode, we realise that they have fallen in love. When I first watched the series, I remember telling someone that I absolutely loved it. At that point, their twenty-five year old daughter, who was within earshot, said quietly: 'He can't watch that... he's a Vicar!'

Let's be clear... not all of the language, or subject matter, in 'Car share', is the sort of thing a Vicar should approve of...but the overall programme is simply outstanding because of its shear humanity. The dialogue is exquisitely written. The mannerisms, and details, in each episode are amazing, and the talent of the actors has clearly left each episode still echoing around my head - that hardly ever happens with prime time comedy, does it? Jacquie and I still laugh out loud when we think of one particular scene as we drive along in the car...and the series came out 9 years ago!

In the end, 'Car share' was about two people, thrown together by modern life. They had to get to work, but there were not enough parking spaces for everyone, so they had to share a car. As John and Kayleigh travelled to and from work, they began to laugh together and to console one another. We saw them singing, remembering, and thinking about their present and their future. What 'enabled' the growth of their relationship, was the experience of travelling together, facing forward...facing the future. I don't know if you have ever thought about it, but for some reason, people do have interesting conversations when they sit side by side, travelling in a car. It is the kind of fact that Peter Kay has built his career upon.

There is another interesting thing about 'Car Share'. Apparently, the scenes of John, driving and talking, with the scenery moving outside, were filmed with the car positioned on the back of a Low Loading Lorry. In other words, the car, and the people in it were being carried along, as part of a much bigger journey.

Life is much better if you travel through it with someone else. Sometimes, it is difficult to 'connect' with other people... especially if you live in an area like ours, where distances can make things tricky. But 'connecting' is worth the effort. Sometimes, people say they prefer their own company, and they cut themselves off from other people. It's easily done. Sometimes, people don't know where to turn for a bit of company... for a chat, and a bit of a laugh. People travel alone through life for lots of different reasons. But it should never have to be this way. Loneliness is a terrible thing.

In the Bible, it says that it is not good for a person to travel through life on their own. Part of the role of the local church should be to provide human company for isolated people. It should provide people with the chance to laugh, and cry, together. It should be a place where the past can be thought about, and the future faced with courage — and with friends. It should be a place where people can sit side by side, and share life. Church should also be the place where we realise that our journey through life is part of God's journey. He carries people of faith along. His journey is towards a new creation - a state of being where all life has been renewed. Knowing God is a great support. If you choose to recognise his role in life, then the journey involved gets far less lonely, and much more intriguing. You meet so many fascinating people.

Not all of the language in 'Car Share' is 'Vicarish'. That does not mean it is not worth seeing! The last episode is especially touching. It's also really funny. If you have never seen it – I would advise you to look it up soon!

Philip

## SOUTH CALDER MISSION COMMUNITY PRAYERS

These continue to take place on Zoom every Thursday morning at 9.30 am and last about 20 minutes. Everyone is welcome to join us. Please contact Jonathan Falkner on 01946 721852 for an invitation on Zoom.



## CHRIS HOCKING

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#### **BECKERMET BIBLE STUDY**

In the middle of the Autumn Term, we started a fortnightly Bible Study in Beckermet. So far, we have enjoyed a 4-week study of the letter to the Philippians and spent 5 weeks exploring Whole Life Worship. We have yet to decide what we will



be doing in the Summer Term, but it's sure to be interesting. We have been encouraged, inspired and challenged in our faith as we have dug into the Bible together.

The Bible Study is hosted by Rachel and Chris at the Vicarage, 11 Lowrey Close, Beckermet, CA21 2YX. We start gathering from 7pm for hot drinks and a chat, then we begin our study at 7:30pm, finishing by 9pm. During our Bible Study time, we read passages from the Bible together, explore them through discussion guided by some questions, and we have a time of prayer.

Dates for the Summer Term are 3<sup>rd</sup> Jul, 17<sup>th</sup> Jul (TBC).

If you are interested in joining us or would like to find out more, do just come along or be in touch with Rachel on <a href="mailto:revrachelcunliffe@gmail.com">revrachelcunliffe@gmail.com</a> or 07904 573682.

#### **NEWS FROM CALDERBRIDGE & PONSONBY**

Our **Summer Fayre** will take place on **Saturday 13<sup>th</sup> July** at 2pm in Calderbridge Village Hall where we will be serving a delicious buffet style Afternoon Tea for you to enjoy.

As well as this there will be raffles, tombola and various stalls including the cake stall where you can purchase cakes, scones, jam, rum butter and chutneys.

Everyone is most welcome.

#### Services for July and August

July 21st 3pm Evensong - Old Church

July 28<sup>th</sup> 9.30 Holy Communion - Ponsonby

August 18th 3pm Evensong - Ponsonby

August 25<sup>th</sup> 9.30 Holy Communion – Ponsonby

Fingers crossed for some sunny weather soon.



Eleanor Glaister

#### **REVD. GAVIN WALKER**

As most of you will know, Gavin has now officially retired as an Associate Priest in the Seatallan Benefice, where he and Jo have been living for the past 20 years following retirement from full time ministry at Egremont. Since moving here, he has been kept busy during vacancies in many of the local churches, living for most of the time in Nether Wasdale and taking most of the services there. Gavin celebrates 45 years in the ministry of the Church of England this year, having been ordained at the age of 36, following a career in London as a Chartered Accountant.

Keith and Jill Hudson (from Phoenix Praise) have kindly written the following few words for us about Gavin:

#### **Blessings Abound as Gavin Bows Out**



Gavin's final service as Celebrant of the Eucharist was held in Nether Wasdale Church on Sunday 2<sup>nd</sup> June. It was a lovely, intimate occasion, with a congregation representing various churches that Gavin has worked with in recent years. We had a 'reet good sing' and Gavin prayed, led, preached and celebrated the Eucharist but, even more importantly, the Holy Spirit was present to speak powerfully to the congregation.

I'm not an Anglican so I'm not in a position to comment on Gavin's 'official career' but we've had

the joy of worshipping alongside Gavin with Phoenix Praise for many years now so Jill and I thought it would be fitting to mark Gavin's retirement from officiating at communion services with a few recollections.

We first encountered Gavin when he was the guest speaker at a Churches Together in Gosforth, Seascale and District Pentecost service, which was held on the main lawn at Muncaster Castle. We were there with Mark One, our youth choir which was (much later) to become Waymark and then Phoenix Praise.

For once the weather was clement, no gales, no rain. The service followed its usual pattern. We listened to the reading from Acts 2 and then the preacher came on.

What impressed us straight away about Gavin was not only that he was a Church of England minister who talked like a believing Christian but also, he seemed to have had some experience of the Holy Spirit! Gavin was

passionate about everybody's need for God, made it abundantly clear that a commitment was needed and seemed to be able to pray without needing a book to read the prayer out of. The presence of the Holy Spirit could be felt very powerfully on that occasion and Gavin was added to our list of 'people you could do business with'!

For a while Gavin disappeared back up north, where it's grim, to Egremont, but then post-retirement from paid ministry, Gavin retired to Seascale and eventually Gosforth. More importantly for us, Gavin was keen to join a choir and so the connexion with Phoenix was renewed.

Since then, Gavin has been an extremely loyal and faithful supporter of Phoenix. He has preached for us from time to time, blesses us with his prayers in meetings, and also supports us with prayer for the whole project and keeps a strong top tenor line going in the singing. Gavin has always modelled the message of his preaching by dwelling in the presence of God and acting as an open channel of blessing from heaven to earth, which we have found as worship leaders, doesn't half help!

Whilst Gavin's official upfront sacramental ministry might have run its course there is no retirement from the Kingdom of God! Gavin and Jo, in their ongoing prayer and leadership ministry, and Gavin in his role with Phoenix, will still be bringing God's blessing to individuals and projects within the area.

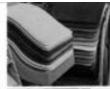
#### **SAINTS FOR JULY & AUGUST**

In July and August the Church of England remembers two people who are not saints in the strict definition of the word. On the 30<sup>th</sup> of July **William Wilberforce**, who died in 1833, is described as a 'social reformer'. He is, however, best known for his resistance to slavery and the trade in slaves.

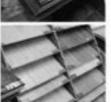




On the same date in August, **John Bunyan**, who died in 1688, is described as a 'spiritual writer'. He is, of course, best known as the author of the 'Pilgrim's Progress', although he wrote many other works. So, although not technically saints, both of them are examples to us all!







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# St Olafs, Wasdale Head faith in the fells

#### JULY & AUGUST SERVICES at St Olaf's:

**Sunday 14<sup>th</sup> July**: 11am Holy Communion, celebrant Rev Rachel Cunliffe

**Sunday 28<sup>th</sup> July**: 11am Patronal Festival, led by Rosalind Amey (St Olaf's Day is 29<sup>th</sup> July)

**Sunday 11<sup>th</sup> August**: 11am Lammas Day, led by Carolyn Foulerton **Sunday 25<sup>th</sup> August**: 11am Celtic Praise, led by Carolyn Foulerton Services at Nether Wasdale Church are at 9.30am on 1<sup>st</sup> & 3<sup>rd</sup> Sundays monthly.

**SPECIAL SERVICES** – It was good to have Rachel with us at St Olaf's to lead the last service before her ordination on June 30th, and we look forward to her return to celebrate **Holy Communion** at our next service on Sunday 14<sup>th</sup> July. Then we have our **Patronal Festival** on Sunday 28<sup>th</sup> July, St Olaf's Eve.

LAMMAS DAY - At our service on 11<sup>th</sup> August we will be celebrating Lammas Day (Loaf Mass Day). Traditionally held on 1st August, it is the festival of "first fruits" when a loaf baked with flour from newly harvested grain is brought into church and blessed. It's one of the oldest points of contact between the agricultural world and the Church. The others are Plough Sunday in early January - the Sunday after Epiphany - traditionally the day before work would begin again in the fields after Christmas festivities, when ploughs are brought to church to be blessed; and Rogation Days in May, the days before Ascension Day, when God's blessing is sought on the growing crops. We'd love you to join us at 11am on 11<sup>th</sup> August when we will be thanking God for the first fruits of the harvest and there will indeed be newly baked bread to share! All donations on Lammas Day will go to the North Lakes Foodbank, Egremont. CF

Our services are mostly written specially for St Olaf's and are ecumenical (non-denominational), as we never know the faith backgrounds of the visitors and pilgrims who join us. Our worship usually lasts about 40 minutes, and we then tend to gather for coffee and refreshments in the bar at the Wasdale Head Inn afterwards – there being no running water or facilities at St Olaf's.

Throughout July we have our Good Shepherd panels on display in St Olaf's.

**Hugh Foulertone:** 





#### **JULY 2024**

Our July meeting is on **Monday 22<sup>nd</sup> July** when we meet at 2.00pm for a Quiet Afternoon in St Mary's Room Gosforth. There isn't a meeting in August and details of the September meeting will be in the next magazine.

#### **July Prayer**

As we share our lives together, we pray to reflect on the perfect relationship between Father, Son and Holy Spirit: perfectly loving, perfectly equal, united in total harmony. For then we will see true transformation as we value each other above ourselves. Amen

#### **PRAYER TOPICS for July**

- The MU members and associates in the dioceses in Zone J– Scotland (497) that they may enjoy Christian Fellowship within the Mothers' Union.
- The Election on 4<sup>th</sup> July that it will go smoothly and Christians will be guided to candidates and parties by their belief. That those elected will put the country's needs before their own personal gain and work for peace and reconciliation while considering the needs of all people.
- The MU Wave of Prayer for 30<sup>th</sup> to 31<sup>st</sup> July includes Carlisle Diocese. We can all use it individually to pray for members in our own Branch & Diocese and especially Deb Lee, our Diocesan Leader
- All families where relationships have broken down, where one part
  of a family will not acknowledge another, that they can build
  bridges between themselves and be reconciled in love.
- Leaders of all nations that they find ways to think of other nations as their good neighbour and strive for peace and reconciliation.
- Those leaving a school, college or university this month as they prepare for the next stage of their life.

#### **PRAYER TOPICS for August**

**August Prayer is the Mary Sumner Prayer**. Friday 9<sup>th</sup> August is **Mary Sumner Day** when we celebrate the birth of our founder. The language of her prayer is dated because of the time when it was written, but what it expresses is very relevant for us all:

All this day, O Lord, let me touch as many lives as possible for thee; and every life I touch, do thou by thy spirit quicken, whether through the word I speak, the prayer I breathe, or the life I live. Amen

- The MU members and associates in the dioceses in Zone K– Wales (5,665) that they may enjoy Christian Fellowship within the Mothers' Union.
- All survivors of violence, both domestic and in the wider society, that they may find love and support and we may find effective ways to support and encourage them.
- Mothers' Union initiatives across the world which enable families to flourish in difficult circumstances.
- The children and families known to you that, whatever the challenges facing them, they will be able to enjoy a stable family life
- Those on holiday in this area and those from the parish away from the area on their holiday, that they may enjoy rest and relaxation.

#### THE LOCAL FOODBANK

Just a reminder to everyone that the local Foodbank (ours is Egremont) is still very much in need of our support. There are collection boxes at the back of most of our churches and the food



collected is taken regularly to Egremont Methodist Church, where the Foodbank is based.

Just so you know, Christine McKinley will collect the items from Nether Wasdale and Gosforth churches on the 3<sup>rd</sup> Friday of each month, so it would be good if we could all try and put something in the box each month before that date! If you need to contact her for any reason her number is 01946 726267.



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#### **GOSFORTH METHODIST CONGREGATION NEWS**

Minister: Revd. Paul Saunders Minister: Deacon. Kina Saunders

Tel: 01900 823273



Revd. Paul and Deaconess Kina Saunders came to minister in our Methodist Circuit five years ago. They nursed us gently and sensitively through the painful process of closing our beloved chapel and nurtured the new and growing fellowship in St Mary's Room. In spite of the four covid years we have found ourselves welcome and blessed there in our worship.

In her final letter in our magazine, Kina wrote:

'the church moves forward most effectively when things change'. Now there's a starter for discussion! Change is ahead for the circuit and part of that will be the welcoming of 2 new ministers – Rev Nick Baker as superintendent and Deacon Samm Morris. And plans are in place for their joint welcome service on 1st September at 4pm at Lorton St. Cockermouth.

The farewell service for Paul and myself will take place at Cleator Moor on 7<sup>th</sup> July at 3pm and we are delighted that Phoenix Praise will be there. We'd love to see as many of you there as possible.'

These words from Lynn Pattinson's article from the same magazine show how far we have come and how much we owe to Paul and Kina's ministry:

'Our services are never dull and audience participation is encouraged. Jill and Keith, our resident musicians, make sure that the hymns are uplifting, meaningful and moving.

If you are looking for a service that you can quite literally join in then come along to St. Mary's Room for 6.30pm on either the first or third Sunday of the month. You will be made most welcome and you won't go home disappointed.'

As we send Paul and Kina our warmest good wishes, together we'll sing:

'Tis Jesus the first and the last. Whose spirit will guide us straight home. We'll praise Him for all that is past, And trust Him for all that's to come.'

Mary Moody and Lynn Pattison

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#### **BECKERMET NEWS**

By the time you read this we will have enjoyed the longest day of the year, but it certainly doesn't feel like summer yet – more like October/ November.

A small dedicated group in the village have been preparing for our entry in Cumbria in Bloom by filling planters with flowers and generally tidying up, helped by a youngster who has been going around with a black bag collecting items of rubbish thrown out of cars as part of his Duke of Edinburgh Bronze award.



Another young member of our community was chosen out of hundreds to represent the Sea Cadets during the D-Day 80<sup>th</sup> Commemorations on 6th June in France. A once in a lifetime experience. We also have two other boys from the village who will be travelling to Tanzania this summer through the Rungwe link. All three have had to fund their own trips and I'm pleased to say that our Village Lottery has been able to help them.

Our usual village activities continue as normal with Coffee Cake & Chat taking place each Tuesday morning and Thursday afternoon. Although the vast majority of those who attend are from our local community, we do have regulars from Egremont and Braystones and a few passing cyclists and visitors. In June a member of Cumbria Police Fraud & Scam unit visited our coffee session and gave an excellent talk on how best to protect ourselves on the internet and phone from scammers who are becoming more sophisticated.

St John's Beckermet church services continue at 9.30am on the second and fourth Sunday of the month with Rev Philip Dorling taking the service on the 2<sup>nd</sup> which includes communion while the other service is taken by Rev Rachel Cunliffe or a member of the PCC. Everyone is welcome to attend as the church is open to all regardless of denomination and is a valuable asset to the village.

The Reading Rooms are another valuable asset of the village, putting on a variety of activities. To find out what is on, look on the Village Facebook pages and noticeboards.

John Mackay john.mackay52@btinternet.com 01946 841429 0791285948

#### **NEWS FROM SEASCALE**

#### **Messy Church**

Messy Church plans a pop-up event by the beach at Seascale on Saturday 20<sup>th</sup> July. Watch out for posters around the village and on Facebook and hope and/or pray for a fine day!

We were at Drigg Gala in June and the weather was kind. It was good to meet and make with both adults and children!

Mary Waterhouse

#### Wednesday Outreach - Seascale Methodist Church

Our next Tea and Chat meeting will be on Wednesday 3<sup>rd</sup> July at 2.30pm.

The August Tea and Chat will be on Wednesday 7<sup>th</sup> August at 2.30pm.

We will be holding a Summer Lunch when anyone who cares to join us will be most welcome on Wednesday 21st August at 12.30pm.

We extend our best wishes and prayers to all our members who are not well at present and those who are not able to join us for meetings.

#### **Tea Services**

Our next Tea service is on Wednesday 17<sup>th</sup> July at 2:30pm which Jonathan and Sheila have kindly agreed to lead.

There will be no Tea Service in August.

We would be pleased to welcome anyone who would like to join us for the service in July.

Jackie Folkes

#### **Churches Together in Seascale & District**

We are planning to host a Tools for a Mission collection day in the Methodist church hall alongside Saturday Coffee during the summer (dtbc). We plan to advertise this event and distribute leaflets during Seascale Gala Week which will help to get the news out about the types of tools we require. It is also a practical demonstration of the type of things which our church communities work together on in the local area. Keith Bradshaw spearheaded this mission many years ago and it has always proved to be very popular. The toolkits provided in Africa enable the recipients to earn a living and also to pass on skills to others in their community.

#### Parkinsons UK - Coffee Morning

We are planning to hold a fund-raising Coffee morning on Saturday 27<sup>th</sup> July from 9:30 – 11:30 am. Donations of items for the "Things in a packet Tombola" will be most welcome, so get your thinking caps on, biscuits are

a good choice, but what else can you find that comes in a packet? Donations of cakes for the cake stall or raffle prizes would also be welcome.

Allison Henshaw

#### COFFEE, CAKE & CHAT (The Three C's) - 10.30 - 12 noon

We hold coffee mornings on the first Thursday of each month and the dates for the next two months are Thursday 4<sup>th</sup> July and Thursday 1<sup>st</sup> August.



Come along for a chat, and bring a friend too, and enjoy some lovely home baking.

Admission is free but a donation to our chosen charity is always welcome. In July it is our local Foodbank and August is Calderwood House in Egremont.



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The show field is open from 8.45am to the public with competitions starting at 9am.

Details for all the exhibitor/competitor classes and trade stands, visit <a href="https://www.gosforthshow.co.uk">www.gosforthshow.co.uk</a>

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#### **GOSFORTH SCHOOL NEWS**



Loweswater had a trip to the beach as part of their Geography work on Coasts. They were lucky enough to have the sun shining. After investigating the coast, they got to spend some time on the playpark.

The whole school took part in National Drawing Day. We tied this in with our Drigg Gala entries so all the children produced a piece of art on the theme of the RNLI's 200 year anniversary.

Years 3 and 4 travelled to Whitehaven Academy for a tennis tournament against other local schools. Unfortunately, it poured down so the event was cut short. Hopefully, the weather will improve as the term goes on for further sporting events.

Year 6 have been very busy, following their SATS at the end of May. First, they had their residential trip to an outdoor education centre in Hexham where they got to experience lots of different activities. It was a very wet three days but they thoroughly enjoyed it.

They then had a visit from Play in a Day which involved them learning Romeo and Juliet over the course of one day then performing it to the rest of the school. They were amazing and you certainly wouldn't think they had only been working on it for a matter of hours!

The next day some of the class got to travel to the Highways Depot in Lillyhall to share our Geography fieldwork findings on potholes. After our information sharing the children got to see a pothole being repaired and then look at some of the vehicles used for highway maintenance.

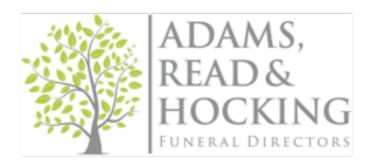
In the same week Year 6 visited The Beacon for a workshop based on this terms History topic - World War II. They found out about the causes of the war, the D Day landings, got to look at genuine war memorabilia and even got to sit in an Anderson Shelter.

Our annual Sports Day was a great success - the weather was in our favour. We had a great turn out of supporting family members which was



lovely to see. The children were fantastic and are so encouraging and supportive of each other. Wilson House were the winners for the first time in a few years.

Mrs S Layzell Assistant Headteacher



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#### **NEWS FROM GADS – GOSFORTH AMATEUR DRAMATIC SOCIETY**

We will be auditioning soon for our next two main shows – our Autumn Play and our January Pantomime.



"Sheila's Island" (our Autumn Play) is a dark comedy exploring the fractured relationship between 4 women on a disastrous team

building event. It is written by Tim Firth, author of Calendar Girls and Kinky Boots. Sheila's Island is a comedy with mature themes which will be explored through rehearsals. The production will be directed by Benita Blacklock (who directed our last award-winning production 'Lucky Sods' back in 2019), assisted by Andy Williams. Auditions for the 4 adult ladies (Sheila, Julie, Denise and Fay) will take place at 7:30pm on Thursday 4<sup>th</sup> and Thursday 9<sup>th</sup> July in the Supper Room at the Gosforth Public Hall. The performances will take place on Thursday 17<sup>th</sup> to Saturday 19th October at 7pm. Character descriptions, a synopsis and audition pieces can be found on our website.



Our January pantomime will be "The Pied Piper" by Alan Frayn. It may be one of the lesser known pantos but this one is a real winner, so you can get ready for some real ratty fun (but no animals will

be harmed in any of the rehearsals or performances). Performances will be on the evenings of Wednesday January 22<sup>nd</sup> to Saturday 25<sup>th</sup>, with a matinee on the Saturday afternoon. If you would like to get involved, the auditions are on Wednesday 11<sup>th</sup> and Monday 16th September – both at 7:30pm at the Hall. The first date will be for adult and teenaged parts and the second for all ensemble parts and children. More information will appear on our website nearer the time.

If you would like to be involved in either production but not on the stage please also get in touch – we always appreciate more help back stage and front of house, especially in the practical and technical areas. To keep up to date, you can visit our **new** website (<u>gads.org.uk</u>), follow us on Facebook or join our mailing list. You can contact us for more information using our **new** email address: <u>gadsgosforth@gmail.com</u>

Jim Polmear, GADS

#### West Lakes U3A JULY & AUGUST events

https://u3asites.org.uk/west-lakes/events

Contact: Marilyn on 07817499849, smithybrow@icloud.com or check website for further details and updates.

Visitors are very welcome to attend a couple of meetings or activities before becoming a member. Current annual membership is £6 There is usually a THE UNIVERSITY OF THE THIRD AGE small charge for indoor meetings.



Mondays 1st July, 5th August Cycling - Meet outside Gosforth Public Hall 10am. Two hour planned route to include refreshment stop. All welcome, 019467 25831.

Mondays -Tai Chi - Gosforth Public Hall 11.30-12.30 currently free. Mondays 8th, 15th, 22nd and 29th July - Chair based exercises with Lin Davis. 30-45 minute sessions at Gosforth Public Hall starting at 1.30pm. Refreshments afterwards.

Tuesdays 2nd & 16<sup>th</sup> July; 6<sup>th</sup> & 20<sup>th</sup> August - Ukelele - 10.30-12.00 See website or contact for details

Wednesdays - French Conversation - The Kellbank, Gosforth. 10.15-12.15. Details from James 07931996742 This group is currently at capacity.

Wednesday 3<sup>rd</sup> July - IT Training - Online Safety with Lorraine Millican - Drigg Hall Supper Room 9.30-10.30 Free.

Wednesday 3<sup>rd</sup> July - History - Romans in Ravenglass. Drigg Village Hall. Refreshments from 10.15 for 10.45 start

Fridays - Folk Country Dancing - Gosforth Public Hall 2-3.30. Currently free.

Monday to be decided – Strolling group - A 2 hour gentle stroll starting at 2pm and followed by a refreshment stop. Details on the website nearer the time Please note that dogs are not allowed on the strolls. . Val 07796527876

Tuesdays 9th July & 13th August - Discussion Group - This is a house group meeting at 7 Denton Park Court, Gosforth. 10.30-12.30. If you have not attended previously please contact Graham on 019467 25794 before attending for the first time.

Thursday 11th July - Art Appreciation – Art of America Part 3 on DVD. St Joseph's Church Hall, Seascale. Refreshments from 10.15 for 10.45 start.

Thursdays 11<sup>th</sup>& 25<sup>th</sup> July; 8<sup>th</sup> & 29<sup>th</sup> August – Advanced recorder consort - Santon Supper Room. 2-4pm Details as for other recorder groups.

Fridays 12<sup>th</sup>& 26<sup>th</sup> July; 9<sup>th</sup> & 30<sup>th</sup> August – Intermediate Recorders - Santon Village Hall supper room. Refreshments available from 10.00 Playing from 10.15 -12.00. Please make contact before coming for the first time so that music can be shared. <a href="mailto:smithybrow@icloud.com">smithybrow@icloud.com</a> 07817499849.

**Tuesdays 16<sup>th</sup> July; 20<sup>th</sup> August – Family History** – Santon Supper Room 10.00-12.00 Details from westlakesu3afgh@gmail.com

**Thursday 18**<sup>th</sup> **July - Open Mind** -Talk about the history and work of the Salvation Army. Gosforth Public Hall, Refreshmenst from 10.15 for a 10.45 start.

**Tuesday 23<sup>rd</sup> July - IT Training** – E-mail Skills with Lorraine Millican St Mary's Room, Gosforth, 2.30-3.30. Free

Thursdays 24<sup>th</sup> July; 1<sup>st</sup> & 21<sup>st</sup> August - Foundation Level Recorder - Santon Bridge Village Hall Supper Room, 24th July /21st August - 9.30 11.00., 1st Auust 9.30-11.00, Please contact 07817499849, smithybrow@icloud.com before coming for the first time or for details.

**Thursdays 25<sup>th</sup> July; 22<sup>nd</sup> August – Reading Group** - St Mary's Church Room, Gosforth 10.30.

**Thursdays 25<sup>th</sup> July - Out and About** – Visit to Kendal, The Quaker Tapestry and some gardens. Contact Vera on 019467 25 213 to book.

**Wednesday 7<sup>th</sup> August – IT Training** – Word Processing Skills with Lorraine Millican in Drigg Supper Room 9.30-10.30 Free.

**Wednesday 7<sup>th</sup> August – History** - Ros Downing – 'Model Farms'. Venue as above. Refreshments from 10.15, Start 10.45.

**Tuesday 20<sup>th</sup> August – Discovery Group** – 'Geophysics assessment of a potential repository site' St Mary's Room, 2pm for a 2.30 start.

**Tuesday 27**<sup>th</sup> **August – IT Training** - Using Apps and Websites with Lorraine Millican in St Mary's Room Gosforth. 2.30-3.30. Free.

#### **GOSFORTH INDOOR MAT BOWLING CLUB**

The Club meets every Wednesday afternoon from 2-4pm in Gosforth Public Hall. £3.50 per session, including refreshments. Please bring clean flat shoes to protect the mats.

Spare bowls available for you to try.

Please note – No bowling in August. Restarts on Wednesday 4<sup>th</sup> September.

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#### **GOSFORTH WI**

The Gosforth WI D-DAY80 coffee morning in June was a great success with lots of delicious home-made cakes to enjoy; we made a profit to share with the Royal British Legion. Well done, ladies!



The June speaker was unfortunately unable to attend our meeting, along with a number of our members, due to the road closures; we will look forward to hearing the presentation on Cumbrian History at a later date. The glass fusion creations were returned in June and some truly beautiful items were produced. Watch out for further crafting opportunities later this year.

The next meeting will be on 2<sup>nd</sup> July 2024 at 7.15 pm in Gosforth Public Hall when we will hear about the Scout Jamboree held in Korea last year. The competition is an unusual badge or emblem. Visitors are welcome and refreshments will be served.

On 3<sup>rd</sup> July 2024 at 6 pm we plan to attend Seascale Fire Station to learn about domestic fire safety, followed by a meal at the Calder House Hotel. In August, the Gosforth WI are going to Lanercost Priory café for a meal followed by a visit to the Priory itself. The bus will call at Houghton Hall Garden centre on the way back.

Members who were unable to sign up for these events at the June meeting should contact the Secretary if they wish to register. New members are always welcome to join us and attend our regular events.

#### **ROTARY CLUB OF WEST LAKELAND**

Most of the last month has been taken up with "end of year formalities" and planning for the Rotating Wheels Car Show on 21st July.

However, we have had one valuable and interesting talk given by Claire Keyes, a detective from Cumbria Police who expertly advised us on 'IT Scams' and ways of avoiding them.

If anybody is interested in finding out more about the fellowship and charity activities of the Rotary Club, we will have a display and the opportunity to talk to a Rotarian at the Rotating Wheels Car Show.

Graham Hutson



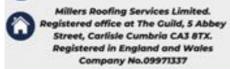
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#### **GOSFORTH LIBRARY**

Opening hours as follows: Saturday: 10.00 – 12.00 hrs. Monday: 13.00 – 14.30 hrs. Wednesday: 16.00 – 17.30 hrs.



The library is looking for more volunteers to continue with this village service. You do not need any library skills to be a volunteer and there will always be two on duty. It does not involve a lot of your time – anything from a 2-hour session once a month, or once a week. If you are able to help, drop into the library and have a chat with the volunteers on duty.

The library coffee morning held on Saturday 15<sup>th</sup> June was well supported and the raffle and donations raised £200. We also received a generous donation from the Gosforth Onion Club of £175. Both of these collections will go towards the Public Hall Refurbishment project.

#### **MUNCASTER MICROBUS**

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Whitehaven shopping trips every Tuesday and Thursday – FREE if you have a NoWcard bus pass.

- Saturday 13<sup>th</sup> July Coniston and Hawkshead- £9
- Saturday 27<sup>th</sup> July Yorkshire Dales and Hawes £13
- Friday 19<sup>th</sup> July Egremont Farmers Market £3 donation to the market
- Sunday, 21<sup>st</sup> July See us at the Rotating Wheels Event
- Saturday, 27<sup>th</sup> July Yorkshire Dales / Hawes £13
- Saturday, 10<sup>th</sup> August Dobies and Cockermouth £10.50
- Saturday, 24<sup>th</sup> August Ulverston £9

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**Table Tennis Club:** Meets on a Wednesday - 6:00pm to 7:30pm. All welcome, young or old. Contact David on 019467-24632. Other times can be arranged.

**Playground:** Come and see for yourself – A lovely playground in a great setting.

**Wild Flower Meadow:** Enjoy a walk or just sit and relax in the peace and quiet of the meadow. Supervised children are welcome.

**Fishing Club:** If you want to join this club it's only £11/year. If you want some more information, please contact David on 019467-24632.

**Bookings:** The Reading Room has a fully equipped kitchen, facilities for people with disability, in fact everything you would need for a great party. £8 / hour. Why not call David on 019467-24632 to see if it is available for your next event?

**Membership**: Membership renewals for 2024 are due from 1<sup>st</sup> March. £7 for annual membership and £4 to join a club.

These can be renewed/started any time. If you are an existing member or want to join us contact David on <a href="mailto:drmarsden@outlook.com">drmarsden@outlook.com</a> or 019467-24632.



#### SERVICES IN THE SOUTH CALDER MISSION COMMUNITY

Some Gosforth services and Phoenix services are being 'zoomed' each week. There is also a weekly liturgy available by email each Sunday.

### NB. PLEASE CHECK LOCAL NOTICES FOR THE MOST UP TO DATE SERVICE INFORMATION

#### **ZOOMED SERVICES**

**11.00am Service of Holy Communion or Morning Worship** hosted by St Mary's Church am. If you would like an invitation to this service please email <a href="mailto:stmarys.gosforth.zoom@gmail.com">stmarys.gosforth.zoom@gmail.com</a>

Thursdays at 9.30am South Calder Mission Community Morning Prayer. For an invitation please contact David Davies – <a href="mailto:divord4@gmail.com">divord4@gmail.com</a>

#### SUNDAY EVENINGS

1st and 3rd Sunday of Month: St Mary's Room, Gosforth

1st Sunday – Informal Worship at 6.30 pm – Songs/hymns, readings, short talk, discussion and fellowship (with occasional Holy Communion)

3rd Sunday – All-age worship at 6.30 pm – Especially suited to and often led by children + young people (and the young in heart).

Occasionally special events and circumstances may lead to changes in the regular programme.

<u>2<sup>nd</sup> Sunday of the Month</u>: Faith and Fellowship - 7.00pm at the The Ferns, The Banks in Seascale. Hosted by Chris and Joy Chuter. Please ring Chris on 07768 421621 for details or email <a href="mailto:free.c@outlook.com">free.c@outlook.com</a>

## **4th Sunday of the Month**: 7.00pm Phoenix Praise Informal Evening Worship

St Mary's Room Gosforth. Led by Jill and Keith Hudson. Songs/hymns, readings, short talk, discussion and fellowship followed by refreshments. For more information please email <a href="mailto:jillhudson@hotmail.co.uk">jillhudson@hotmail.co.uk</a> and for a Zoom invitation email <a href="mailto:khudson@freenetname.co.uk">khudson@freenetname.co.uk</a> or ring 01946 721592 or visit <a href="mailto:www.phoenixpraise.org.uk">www.phoenixpraise.org.uk</a>

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#### **SOUTH CALDER MISSION COMMUNITY - AUGUST 2024**

August	Church	Service	Time
1" Sunday		<i>ii</i>	
4 <sup>th</sup> August	Nether Wasdale	HC	9.30
Trinity 10	Waberthwaite	Morning Prayer	9.30
GREEN	Seascale	HC at St Cuthbert's	9.30
Proper 13	Gosforth	Morning Praise	11.00
	Drigg	HC	11.00
	Eskdale Boot	HC	11.00
	Muncaster	Morning Prayer	11.00
	Whicham	HC	11.00
	Bootle	Family Service Messy Church	4.00
	Gosforth St Mary's Room	Methodist led Evening Worship	6.30
2 <sup>nd</sup> Sunday			
11th August	Beckermet	HC	9.30
Trinity 11	Irton	HC	9.30
GREEN	Seascale	Methodist at Methodist Church	9.30
Proper 14	Gosforth	HC	11.00
	Wasdale Head	Morning Praise	11.00
	Drigg	Family Service	11.00
	Eskdale Boot	HC	11.00
	Corney	HC	11.00
	Whicham	Singing on the beach	3.00
	Seascale	Faith and Fellowship	6.45
3 <sup>rd</sup> Sunday	NAME OF THE OWNER OWNER OF THE OWNER OWNE		1
18th August	Eskdale Green	Morning Prayer	9.30
Trinity 12	Nether Wasdale	Morning Worship	9.30
GREEN	Waberthwaite	HC	9.30
Proper 15	Seascale	HC at St Cuthbert's	9.30
100100000000000000000000000000000000000	Gosforth	Morning Worship	11.00
	Drigg	Morning Prayer	11.00
	Muncaster	HC	11.00
	Whicham	Family Service	11.00
	Ponsonby	Evening Prayer	3.00
	Bootle	Evening Worship	6.00
	Gosforth St Mary's Room	Informal All-age Worship	6.30
AD Euroden			
4 <sup>th</sup> Sunday	Proceeds:	uc.	0.20
25th August	Ponsonby	HC Noncons	9.30
Trinity 13	Beckermet Control	Morning Prayer	9.30
GREEN	Eskdale Green	HC	9.30
Proper 16	Seascale	Methodist at Methodist Church	9.30
	Gosforth	HC	11.00
	Wasdale Head	Celtic Praise	11.00
	Drigg	HC	11.00
	Irton	HC	11.00
	Bootle	HC	11.00

#### **SOUTH CALDER MISSION COMMUNITY - JULY 2024**

July	Church	Service	Time
1 <sup>st</sup> Sunday		1,	
7th July	Nether Wasdale	HC	9.30
Trinity 6	Waberthwaite	Morning Prayer	9.30
GREEN	Seascale	HC at St Cuthbert's	9.30
Proper 9	Gosforth	Morning Praise	11.00
	Drieg	HC	11.00
	Eskdale Boot	HC	11.00
	Muncaster	Morning Prayer	11.00
	Whicham	HC	11.00
	Bootle	Family Service Messy Church	4.00
	Gosforth St Mary's Room	Methodist led Evening Worship	6.30
2 <sup>nd</sup> Sunday			
14th July	Beckermet	HC	9.30
Trinity 7	Irton	HC	9.30
GREEN	Seascale	Methodist at Methodist Church	9.30
Proper 10	Gosforth	HC	11.00
100	Wasdale Head	HC	11.00
	Drieg	Family Service	11.00
	Eskdale Boot	Morning Prayer	11.00
	Corney	HC	11.00
	Whicham	Evening Service	6.00
	Seascale	Faith and Fellowship	6.45
3 <sup>rd</sup> Sunday			_
21" July	Eskdale Green	Morning Prayer	9.30
Trinity 8	Nether Wasdale	Morning Prayer or HC	9.30
GREEN	Waberthwaite	HC	9.30
Proper 11	Seascale	HC at St Cuthbert's	9.30
	Gosforth	Morning Worship	11.00
	Dries	Morning Prayer	11.00
	Muncaster	HC	11.00
	Whicham	Summer Festival	11.00
	Old Church	Evening Prayer	3.00
	Bootie	Evening Worship	6.00
	Gosforth St Mary's Room	Informal All-age Worship	6.30
4th Sunday			
28th July	Ponsonby	HC	9.30
Trinity 9	Beckermet	Morning Frayer	9.30
GREEN	Eskdale Green	HC	9.30
Proper 12	Seascale	Methodist at Methodist Church	9.30
	Gosforth	HC	11.00
	Wasdale Head	Patronal Festival	11.00
	Drieg	HC	11.00
	Irton	HC	11.00
	Bootle	HC	11.00
	Waborthwaite	Evening Prayer	6.00
	Gosforth St Mary's Room	Phoenix Evening Worship	7.00

Cover photo: 2024 Gosforth Show Attraction (Steve Smailes Photography)