

Lee Mill Fell Relay Sunday 26th Nov 2023

This year saw three intrepid teams from ARCC compete in the Lee Mill Fell Relay thanks to a surge in runners lured by head of recruitment Dave Riding. The gathered runners joined the village of tented teams, 76 in total, all huddling and sheltering for warmth in the frozen depths of Lancashire's quarry region. Each team consisting of 4 runners set out on the same 10k loop. Heading out on an ice hardened track, the route quickly ascended into the quarry and out onto the moor. The returning descent quickly revealed why many runners were finishing encased in black bog. Gloved hands only added extra weight as many were drawn to all four limbs scrambling out of dark deep ruts, squelching homeward atop the precipitous quarry edge. The scrambling continued back through the quarry, times and places gained and lost as all 4 legs finally convened at the frozen finish. A quarry-some mud and cold fuelled team rally to end the season. Many thanks to Dave for his coordination and team wrangling logistics. Ad Altiora

ARCC fielded 3 teams of 4 runners

Team 1: Rob Green, Mark Smith, Matt Dunn, Dave Jackson (6th place)

Team 2: Rick Sale, Andy Holden, Matt Appleton, Tom Appleton (19th place)

Team 3: Tash Fellowes, Chris Lloyd, Matt Smith, Jess Slater (49th place)



More info on the event here:

https://www.facebook.com/groups/718298341534924/?locale=en_GB





