

Lake, Meres and Waters				
21st/22nd August 2021				
LEG 1	Split Actual	Time Of Day	Support	Role
Loweswater	0	07:00	Paul Swindles	Carry
Crummock	00:27	07:27	Matt Dunn	Carry
Buttermere	00:22	07:49	Tim Campbell	Carry
Ennerdale	01:16	09:05		
Greendale	01:39	10:44		
Total	03:44			
Rest	00:11		Tory Miller	Road
Cumulative		10:55		
LEG 2	Split Actual	Time Of Day	Support	Role
Greendale		10:55	Guy Illingworth	Carry
Wastwater	00:10	11:05	John Millen	Carry
Devoke Water	01:23	12:28		
Walna Scar Road	01:12	13:40		
Total	02:45			
Rest	00:20		Tory Miller	Road
Cumulative		14:00		
LEG 3	Split Actual	Time Of Day	Support	Role
Walna Scar Road		14:00	Paul Haigh	Carry
Goats Water	00:51	14:51	Martin Howard	Carry
Low Water	00:33	15:24	Matt Owens	Carry
Levers Water	00:22	15:46		
Coniston Water	00:30	16:16		
Monk Coniston Car Park	00:01	16:17		
Total	02:17			
Rest	00:15		Tory Miller	Road
Cumulative		16:32		
LEG 4	Split Actual	Time Of Day	Support	Role
Monk Coniston Car Park		16:32	Karl Gray	Carry
Esthwaite Water	00:34	17:06	Paul Haigh	Carry
Elterwater	00:52	17:58	Martin Howard	Carry
Grassmere	00:21	18:19		
Rydal Water	00:10	18:29		
Windermere	00:25	18:54		
Ambleside	0	0		
Total	02:22		Alice Swift and Matt Owens	Road
Rest	00:15			
Cumulative		19:09		

LEG 5	Split Actual	Time Of Day	Support	Role
Ambleside		19:09	Tom Hollins	Carry
Kentmere (Not the res)	01:30	20:39	Rob Green Jnr	Carry
Skegges Water	00:34	21:13	Josie Greenhalgh	Nav
Haweswater	01:46	22:59	John Kelly	Carry
Mardale Head Car Park	0	22:59		
Total	03:50			
Rest	0		No Road	No Road
Cumulative		22:59		
LEG 6	Split Actual	Time Of Day	Support	Role
Mardale Head Car Park		22:59	Tom Hollins	Carry
Small Water	00:36	23:35	Rob Green Jnr	Carry
Blea Water	00:21	23:56	Josie Greenhalgh	Carry
Heyeswater	01:16	01:12	John Kelly	Carry
Hartsop	00:21	01:33		
Totals	02:34			
Rest	00:39		Sara Hollins	Road
Cumulative		02:12		
LEG 7	Split Actual	Time Of Day	Support	Role
Hartsop		02:12	Dougie Zinis	Carry
Brothers Water	00:07	02:19	Charlie Parkinson	Carry
Ullswater	00:33	02:52		
Legburthwaite Village Hall	02:01	04:53		
Total	02:41			
Rest	00:12		Sara Hollins	Road
Cumulative		05:05		
LEG 8	Split Actual	Time Of Day	Support	Role
Legburthwaite Village Hall		05:05	Andy Slattery	Carry
Thirlmere	00:11	05:16	Dougie Zinis	Carry
Derwent Water	00:45	06:00	Ambi Swindells	Carry
Bassenthwaite	00:48	06:48		
Overwater	00:54	07:42		
Total	02:38		Sophie Cunningham	Road
Final		24:42		