

The 26, Lake, Meres and Waters

Attempted by: Mhairi Helme

Date: 20th-21st July 2021

Section 1	Names of navigator and support	Miles approx.	Ascent (ft)	Estimated leg time	Actual time at location
1. Loweswater	Steve Jacques	0	0	06:00	05:47
2. Crummock Water	Steve Jacques	3.0	121	06:46	06:26
3. Buttermere	Steve Jacques	1.8	171	07:09	06:51
4. Ennerdale Water	Steve Jacques	4.2	1975	08:47	08:42
Arr. Greendale Bridge				11:00	11:02
Signatures					
Total				5h00	5h15

Section 2	Names of navigator and support	Miles Approx.	Ascent (ft)	Estimated leg time	Actual time at location
Dept. Greendale Bridge or Bracken Close (Wasdale Head)	Steve Jaques			11:00	11:23
5. Wast Water	Geoff Cox	7.6	1909	11:20	11:32
6. Devoke Water	Geoff Cox	6.8	1775	13:50	13:56
Arr. Seathwaite	Geoff Cox			14:45	16:02
Signatures					
Total				3h45	5h00

Section 3	Names of navigator and support	Miles approx.	Ascent (ft)	Estimated leg time	Actual time at location
Dept. Seathwaite	Selwyn Wright			14:45	16:17
7. Goat's Water	Selwyn Wright/Lucy Spain	9.2	2044	16:47	17:29
8. Low Water	Selwyn Wright	1.0	784	17:38	18:06
9. Levers Water	Selwyn Wright	0.6	0	17:51	18:28
10. Coniston Water	Selwyn Wright	3.2	16	18:33	19:14
Arr. Monk Coniston Car Park	Selwyn Wright			18:33	19:14
Signatures					
Total				3h48	3h12

Section 4	Names of navigator and support	Miles approx.	Climbing (ft)	Estimated leg time	Actual time at location
Dept. Monk Coniston Car Park	Jenny Helme/Sabrina Verjee			18:43	19:50
11. Esthwaite Water	Jenny Helme/Sabrina Verjee/Fiona Marley-Paterson	3.1	564	19:44	20:35
12. Elterwater	Fiona Marley-Paterson	5.6	430	21:26	22:18
13. Grasmere	Fiona Marley-Paterson	1.4	358	22:07	22:51
14. Rydal Water	Fiona Marley-Paterson	1.0	66	22:35	23:10
15. Windermere	Fiona Marley-Paterson/ Jenny Rice	2.8	220	23:32	23:57
Arr. Waterhead Car Park	Fiona Marley-Paterson/ Jenny Rice			23:32	00:02
Signatures					
Total					

Section 5	Names of navigator and support	Miles approx.	Ascent (ft)	Estimated leg time	Actual time at location
Dept. Waterhead Car Park	Fiona Marley-Paterson/Jenny Rice			23:32	00:02
(Kentmere Church)	Fiona Marley-Paterson/Jenny Rice			01:45	02:29
16. Skeggles Water	Paul Simpson/ Sarah McCormack/ Lauren Munro-Bennett	8.9	2287	02:47	03:42
17. Kentmere Reservoir	Paul S/ Sarah McC/ Lauren MB	4.8	387	04:22	05:39
18. Haweswater	Paul S/ Sarah McC/ Lauren MB	1.9	1070	05:29	06:46
19. Small Water	Paul S/ Sarah McC/ Lauren MB	1.1	10	06:14	07:30
20. Blea Water	Paul S/ Sarah McC/ Lauren MB	1.3	663	06:53	08:16
21. Hayeswater	Paul S/ Sarah McC/ Lauren MB	3.8	1847	07:56	09:33
Arr. Hartsop Car Park	Paul S/ Sarah McC/ Lauren MB				10:16
Signatures					
Total					

Section 6	Names of navigator and support	Miles approx.	Ascent (ft)	Estimated leg time	Actual time at location
Dept. Hartsop Car Park	Rob Green				
22. Brothers Water	Rob Green	1.7	13	08:23	10:39
23. Ullswater	Rob Green	3.4	141	09:15	11:48
Arr. Stanah layby/Car Park	Rob Green				
Signatures					
Total					

Section 7	Names of navigator and support	Miles approx.	Ascent (ft)	Estimated leg time	Actual time at location
Dept. Stanah layby/Car park	Helen Dudley				
24. Thirlmere	Helen Dudley	6.5	2051	11:56	15:12
25. Derwent Water	Helen Dudley	5.4	699	13:41	17:03
26. Bassenthwaite Lake	Sabrina Verjee/Naomi Jacques	5.7	69	15:30	19:15
27. Over Water	Sabrina Verjee/Naomi Jacques/Joss Naylor	5.3	682	16:59	21:07
Congratulations! National Trust path to Over Water car park					
Signatures					
Total					