


The 26 Lakes, Meres and Waters Record Sheet
(Starting at Loweswater and finishing at Over Water)

Attempt by: Nathanael-Jon Ingram
Date: 30/11/2019

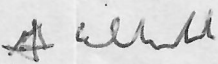
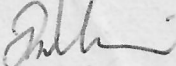
Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles (approx.)	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 1	Howard Dracup					
Depart time: 06:00 am						
1. Loweswater		DARK	0		06:00 am	06:00 ⁰⁷ am
2. Crummock Water		DARK			06:25 am	6:40
3. Buttermere		DARK			06:40 am	7:19
4. Ennerdale Water		DAWN	8.75		07:30 am	8:41
5. Wast Water		DAYLIGHT	9.13		08:45 am	10:44
Arrive time: (Map co-ordinates) 10:30						

Signatures of section navigator and supporters:

Howard Dracup 

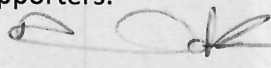

Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 2	Dave Cumins Alistair McDonald					
Wast Water Depart time: 09:05 am 10:40						
6. Devoke Water		DAYLIGHT	7.81		10:35 am	12:22
7. Goat's Water			8.94		12:30 pm	14:45
8. Low Water					12:45 pm	15:22
9. Levers Water					12:55 pm	15:40
10. Coniston Water			4.06		13:30 pm	16:08
Arrive time: (Map co-ordinates) 16:30		DUSK				

Signatures of navigator and supporters:

A MACDONALD  30-11-19
D. CUMINS  30.11.19


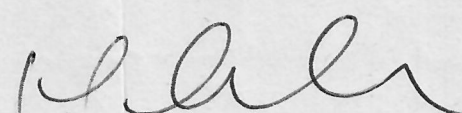
Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 3	Amy Norfolk Adam Green					
Coniston Depart time: 13:45 pm						16:45
11. Esthwaite Water			3.81		15:00 pm	17:14
12. Elter Water					16:05 pm	18:31
13. Grasmere					17:00 pm	19:11
14. Rydal Water					17:20 pm	19:36
15. Windermere			10.38		18:00 pm	20:04
Arrival time: (Kentmere Church) 16:30	20:05					

Signatures of navigator and supporters:

Amy Norfolk  30/11/19
 ADAM GREEN  30/11/19

Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 4						
Kentmere Church Depart time: 18:15 pm	Mark Collins Sean Holmes					
16. Skeggles Water	Dave Cummins		8.75		20:05 pm	23:26
17. Haweswater						2:18
18. Small Water						3:00
19. Blea Water						3:41
20. Hayeswater					22:20 pm	5:10
21. Brothers Water			11.25		22:40 pm	5:48
22. Ullswater					23:00 pm	6:34
Arrival at Glenridding (summit of Sticks Pass)					1am?	6:50

Signatures of navigator and supporters:

Sean Holmes 
 MARK COLLINS 

Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 5	Dave Cumins					
Departure of Glenridding (summit of Sticks Pass): 23:15 pm	Howard					7:18
23. Thirlmere	Dracup		9.31		01:15 am	10:10
24. Derwent Water	Amy Norfolk		5.06		02:30 am	11:45
Arrive time: (Map co-ordinates)	Mark Collins					
	Sean Holmes					

Signatures of navigator and supporters:

SEAN HOLMES *[Signature]*

MARK COLLINS *[Signature]*

Location: Lakes, Meres and Waters	Names of section navigator and supporters	State of light (Dawn/Daylight/Dusk/Dark)	Miles	Estimated Leg time	Estimated Attempt Time	Actual Time at the location
Section 6	Dave Cumins					
Depart Derwent Water:	Howard					12:10
25. Bassenthwaite Lake	Dracup ADAM GREEN		5.65		03:30 am	13:29
26. Over Water	Amy Norfolk		5.54		04:30 am	14:50
Finish Time: 14:50	Mark Collins					
	Sean Holmes					

Signatures of navigator and supporters:

SEAN HOLMES *[Signature]*

ADAM GREEN *[Signature]*

AMY NORFOLK *[Signature]*