

26 Lakes, Meres & Waters Schedule - Dave Makin and Andy Pooler

		Distance (miles)	Total Distance (miles)	Ascent (ft)	Total Ascent (ft)	Estimated Time Taken	Estimated time arrive	Estimated time depart	Actual Time
LEG 1									
Loweswater		0						9:00	8:31
Crummock Water									9:19
Buttermere							10:05		9:43
Ennerdale		8.75	8.75	2709	2709	3hr3	12:03		11:24
Wasdale Head (rest)						15			20mins
Wastwater		9.13	17.88	1755	4464	2h36	14:39	14.54	14:23
totals for leg			17.88	4464	4464	5hr 54			5hr52

		Distance (miles)	Total Distance (miles)	Ascent (ft)	Total Ascent (ft)	Estimated Time Taken	Estimated time arrive	Estimated time depart	Actual Time
LEG 2									
Wastwater (depart)								14.54	14:23
Devoke Water		7.81	25.69	1640	6104	2h18	17:12		16:39
Goat's Water		8.94	34.63	2424	8528	2h56	20:08		19:41
Low Water									20:34
Levers Water									20:48
Coniston Water		4.06	38.69	977	9505	1h16	21:24		21:31
REST						15		21:39	21:50
totals for leg			20.81	5041	9505	6hr 45			7hr27

		Distance (miles)	Total Distance (miles)	Ascent (ft)	Total Ascent (ft)	Estimated Time Taken	Estimated time arrive	Estimated time depart	Actual Time
LEG 3									
Coniston Water (dep)								21:39	21:50
Esthwaite Water		3.81	42.5	571	10076	1h00	22:39		22:45
Elterwater									0:30
Grasmere							0:21		1:13
Rydal Water									1:42
Windermere		10.38	52.88	1253	11329	2h33	1:12		2:30
REST						15		1:27	2:52
totals for leg			14.19	1824	11329	3hr 48			5hr02

		Distance (miles)	Total Distance (miles)	Ascent (ft)	Total Ascent (ft)	Estimated Time Taken	Estimated time arrive	Estimated time depart	Actual Time
LEG 4									
Windermere (depart)								1:27	2:52
Skegges Water	8.75	61.63	2604	13933	2h59	4:26			6:03
Haweswater						6:13			7:56
REST					20				20 mins
Small Water									8:44
Bleawater						7:00			9:09
Hayeswater									10:14
Brothers Water	11.25	72.88	3772	17705	4h05	8:31			10:42
Ullswater						9:17			11:36
REST					15				20mins
Ullswater (depart)							9:32		11:56
totals for leg		20	6376	17705	8hr 05				9hr 04

		Distance (miles)	Total Distance (miles)	Ascent (ft)	Total Ascent (ft)	Estimated Time Taken	Estimated time arrive	Estimated time depart	Actual Time
LEG 5									
Ullswater (depart)								9:32	11:56
Thirlmere	9.31	82.19	2365	20070	3h04	12:36			14:23
REST					10			12:46	14:33
Derwent Water	5.06	87.25	492	20562	1h11	13:57			16:12
Bassenthwaite Lake	5.65	92.9	411						18:04
Over Water	5.54	98.44	904	21877	2h44	16:41			19:36
totals for leg		25.56	4172	21877	7hr 09				7hr40
total		98.44			21877	31h 41	16:41		35h05